'Active Scotland'

Benny Lawrie

National Development Officer
Scottish Health Promoting Schools Unit

- A look at the policy context supporting physical activity and sport
- Examples of the partnerships which make things happen
- Active Schools some examples of innovative practice linking schools and their communities

National Physical Activity Strategy Let's Make Scotland More Active National Strategy for Sport: Reaching Higher

Sport & Physical Activity

Schools (Health Promotion and Nutrition)(Scotland)Act 2007

Curriculum for Excellence





Key Partnerships

- Scottish Executive
- sportscotland
- Sports Governing Bodies
- Local Authorities
- Health Boards





Local partnerships

- Active Schools Co-ordinator
- Sports Development officer
- Health Development officer
- Community Education



Parents

Young People

Communities

Lochend Learning Community

Big breakfast Exercise opportunities Partnerships



- Culture &Leisure Services
- ❖ Active Schools
- Health Development officer
- Direct & Care Services
- Easter Glasgow Community health Project
- Greater Easter house Community health project
- ❖ NHS Greater Glasgow & Clyde







Key values

Long-lasting structures and programmes of work

Working in partnership and sharing responsibilities

Gives equal value to social and emotional outcomes as well as the physical health benefits

Benny Lawrie National Development Officer Scottish Health Promoting Schools Unit Gardyne Road Dundee **DD5 1NY** 07831 885979 b.lawrie@LTScotland.org.uk WWW.healthpromotingschools.co.uk