



# Catering In Context

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- Introduction to DCCS
- Obesity and the role of Schools and Caterers
- School Food Trust
- LACA





# Objectives

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- To ensure the provision of a hot, healthy and nutritionally balanced meal within schools and day nurseries, contributing towards making children and young people, physically and mentally healthy, prepared and able to learn, and **Be Healthy**.
- Promote Health and Well-Being.
- Reduce Obesity Levels.
- Ensure children have the opportunity to eat at least one balanced meal during the day.





# Objectives

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- Implement Food Standards across all schools.
- Nutritionally analyse menus and adjust recipes, to ensure all children are offered a well balanced meal. This is enabled by 'Saffron' a computerised system which calibrates the recommended levels of nutrients; fat, salt, sugar, calories etc



# How we work with Schools to reduce Obesity

- Whole School Approach
- Food for Health Awards
- SNAGS Groups
- Other Agencies
- Schemes





# School Food Trust

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- Million Meals Campaign
- School Food Trust Ambassadors



# LACA

## Mission Statement

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- LACA aims to set a high standard of professionalism within Local Authority catering to become the leading consultative body to the Government in delivering healthy eating policies at local level and to furnish Local Authority caterers with the necessary skills, knowledge and support which enable them to meet the changing demands of the industry.





# LACA Regions

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- Anglia
- Eastern
- London & South East
- North West
- South West
- Wales
- West Midlands
- Northern Ireland





# LACA Aims & Objectives

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- Inform
- Develop
- Represent
- Support







# LACA – The Way Forward

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- How should LACA work with the School Food Trust?
- What role should LACA seek to play in influencing policy at a National and Regional level?
- How can LACA adapt to the changing environment and potential membership base?
- If the view emerges that the association is only representative of school meals, does the name LACA continue to be the right name?





# LACA – The Way Forward

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- Currently carrying out a business review so LACA is fit for purpose
- Continue working with the School Food Trust, other Government departments / agencies (FSA, DCSF, DOH etc)
- Continue working with manufacturers / suppliers to improve recipes, ingredients, labelling, reduce levels of salt, sugar and fat etc
- Lobbying for greater funding from Government for school meals





# LACA – The Way Forward

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- Improving school meal quality – cooking methods, healthy meal options, greater availability of fruit & vegetables, observing Food Standards etc
- Promoting education catering standards (e.g. LACA School Chef of the Year Competition)
- Encouraging greater focus on the need for a 'whole school approach' to food eaten in school
- Possible introduction of a School Chef's Category of Membership

